



Careers Education



Aspire | Challenge | Achieve

JOB

OF THE WEEK

Our Job of the week this week is
Physiotherapist



Job of the Week – Physiotherapist

WHAT YOU DO



Your day-to-day tasks could include:

- helping patients with spine and joint problems
- assisting patients recover from accidents, sports injuries and strokes
- working with children who have mental or physical disabilities
- helping older people with physical problems become more mobile

If you specialise in Sports Physiotherapy, your hours would be more flexible depending on the season; as part of your day-to-day duties you could:

- examine and diagnose injuries
- plan treatment programmes
- use methods like manipulation, massage and electrotherapy
- give advice on how to avoid sports injuries
- keep records of patient's treatment and progress
- give accurate timescales for when players may be able to play again

SKILLS REQUIRED

You will need:

- knowledge of medicine and how the body works
- sensitivity and understanding
- to enjoy working with other people
- customer service skills
- patience and the ability to remain calm in stressful situations
- analytical thinking skills
- knowledge of psychology
- to be flexible and open to change
- to be competent using PC's and the main software packages

WHAT YOU WEAR

Some organisations may require you to wear a uniform but generally this requires clothes that allow you to move freely in order to treat your patients effectively



WORKING CONDITIONS

You could work in an NHS or private hospital, on a sports field, at a fitness centre or in a therapy clinic.

Your working environment may be outdoors some of the time, you'll travel often and it may be physically demanding

WORKING HOURS

35-40

May require some flexibility but generally 9am-5pm Mon-Fri

ANNUAL LEAVE

Unless you are self-employed you will usually get the standard 27 days rising with length of your service



ANNUAL INCOME

£24,907 - £44,503



EDUCATION & EXPERIENCE

To pursue this career you will need a degree:

University

You'll need to either do an approved degree in physiotherapy (approved by the Chartered Society of Physiotherapy) or do a 2-year postgraduate course if you've got a degree in a relevant subject like Biological Science, Psychology or Sports Science

Entry requirements:

You'll usually need 2 or 3 A levels, or equivalent (including biology) for a degree or a degree in a relevant subject for postgraduate study

Apprenticeship

You can do a physiotherapist degree apprenticeship.

Entry requirements:

You'll usually need 2 to 3 A levels, or equivalent, preferably including biology

Work

You could work as a Physiotherapy Assistant and study part time for a degree to qualify



Labour Market Information

In the Careers section of the school website you can find the useful comparison tool the 'Labour Market Information widget'

Use the widget to compare different job roles in any employment sector or relating specifically to the 'Job of the Week'.

Physiotherapists		Therapy professionals n.e.c.		Natural and social science professionals n.e.c.	
Weekly Pay £610	Annual Pay £31,720	Weekly Pay £420	Annual Pay £21,840	Weekly Pay £840	Annual Pay £43,680
Hours/Week 34h	Hourly Pay £18	Hours/Week 25h	Hourly Pay £17	Hours/Week 41h	Hourly Pay £20
Workforce Change (projected)		Workforce Change (projected)		Workforce Change (projected)	
Growth 8.7%	Replacement 53.7%	Growth 8.7%	Replacement 53.7%	Growth 5.1%	Replacement 39.9%
The workforce is projected to grow by 8.7% over the period to 2027, creating 5,900 jobs. In the same period, 53.7% of the workforce is projected to retire, creating 36,200 job openings.		The workforce is projected to grow by 8.7% over the period to 2027, creating 4,200 jobs. In the same period, 53.7% of the workforce is projected to retire, creating 26,200 job openings.		The workforce is projected to grow by 5.1% over the period to 2027, creating 2,300 jobs. In the same period, 39.9% of the workforce is projected to retire, creating 18,000 job openings.	
You might find this job in Health Residential care Social work Public admin. & defence Sport & recreation		You might find this job in Social work Residential care Health Education Food & beverage services		You might find this job in Education Scientific research Public admin. & defence Office admin.	
More info	Clear card	More info	Clear card	More info	Clear card

Physiotherapists

Physiotherapists plan and apply massage, promote and encourage movement and exercise, use hydrotherapy, electro-therapy and other technological equipment in the treatment of a wide range of injuries, diseases and disabilities in order to assist rehabilitation by developing and restoring body systems.

Common tasks in this job:

- examines medical reports and assesses patient to determine the condition of muscles, nerves or joints in need of treatment;
- writes up patients' case notes and reports, maintains their records and manages caseload;
- plans and undertakes therapy to improve circulation, restore joint mobility, strengthen muscles and reduce pain;
- explains treatment to and instructs patient in posture and other exercises and adapts treatment as necessary;

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Clear card

Therapy professionals n.e.c.

Job holders in this unit group plan and apply physical and therapeutic treatments and activities to assist recovery from physical and mental illness and to minimise the effects of disabilities not elsewhere classified in MINOR GROUP 222: Therapy professionals.

Common tasks in this job:

- prescribes diet therapy and gives advice to patients, health care professionals and the public on dietetic and nutritional matters for those with special dietary requirements or to prevent illness amongst the general population;
- diagnoses and treats disorders of vision and eye movements, monitors subsequent progress and recommends further optical, pharmacological or surgical treatment as required;
- manipulates and massages patient to discover the cause of pain, relieve discomfort, restore function and mobility and to correct irregularities in body structure;
- adopts a holistic approach in assessing the overall health of the patient, and treats by inserting needles under the skin at particular locations according to the disorder being treated;

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Clear card

Natural and social science professionals n.e.c.

Jobholders in this unit group perform a variety of scientific research and related activities not elsewhere classified in MINOR GROUP 211: Natural and Social Science Professionals.

Common tasks in this job:

- plans, directs and undertakes research into natural phenomena;
- provides technical advisory and consulting services;
- designs tests and experiments to address research objective and find solutions;
- applies models and techniques to medical, industrial, agricultural, military and similar applications;

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Clear card

To compare the Labour Market Information of different job roles that you might be interested in please visit the Careers section on the school website.

JOB OF THE WEEK

Find out about different jobs in Physiotherapy with these videos:

Physiotherapist or
Sports Therapist?



<https://www.youtube.com/watch?v=NtiJoUVy7ec>

A day in the life of a
NHS Physiotherapist



<https://www.youtube.com/watch?v=dK9deFVQZaA>

What does physiotherapy
have to offer?



https://www.youtube.com/watch?v=Yxg_nGcpFIM

GCSE's to MSC in
Physiotherapy



<https://www.youtube.com/watch?v=vTbYdHfIsRo>

Sports Therapy student



<https://www.youtube.com/watch?v=4zSrNHoMdCw>

Veterinary Physiotherapy



<https://www.youtube.com/watch?v=Y6Db0kTj8hM>

JOB

OF THE WEEK

Click on the website links to research the job role further:

[Physiotherapist | Explore careers | National Careers Service](#)

[Sports physiotherapist | Explore careers | National Careers Service](#)

[What is physiotherapy? | The Chartered Society of Physiotherapy \(csp.org.uk\)](#)

[Physiology, Physiotherapy & Pathology | Subject Guide | UCAS](#)

[Entry requirements and training \(physiotherapist\) | Health Careers](#)