

PHYSICAL EDUCATION – CURRICULUM INTENT

ASPIRE – CHALLENGE – ACHIEVE

The Spalding Academy Physical Education department aims to provide an inclusive curriculum based on the 3 P's.

Participation

We understand the importance of sport and PE in supporting the wellbeing of our students, both physically and mentally. We aim to foster positive participation in both our lessons and through our extracurricular programme. Our PE curriculum provides a wide range of inclusive activities, which aim to promote enjoyment and lifelong participation in sports for all years, nationalities and abilities. We broadly stick to the National Curriculum PE guidelines. This allows students to develop communication skills, sportsmanship, teamwork, cooperation, etiquette & fair play all of which tie into the British values of tolerance and mutual respect. Participation does not just mean as a performer we also encourage students to take on different roles such as referee or coach especially if a student is unable to take part physically due to illness or injury. At KS4 we have introduced an options based curriculum to allow students to participate in activities they enjoy in order to maintain their enjoyment of PE and Sport.

Progress

Our curriculum aims to develop and progress all students both physically and mentally. In KS3 learners are given the opportunity to learn and refine basic skills and knowledge in many different sports and activities. Many of these skills are transferable into different activity areas and are important for developing and maintaining a healthy active lifestyle. In KS4 core PE, students get the opportunity to develop these skills further and discover which sports they would like to pursue further both recreationally and competitively. In PE, we see all progress as good progress no matter how small it may seem, whether it is beating a personal best, representing the school or simply being part of a team. We track students' progress and achievements through a 'Sportfolio' and challenge students with targets each year. We assess the students both on their physical ability at each activity but also on their knowledge of the rules, tactics and coaching points. Thus allowing students to succeed even in sports they are not practically strong at whilst also developing literacy of our students.

Pathways

Students will be encouraged to further themselves in Sport and PE, through both our strong extracurricular provision and our successful PE examination courses. We aim to identify students that show interest in different sports and activities early and encourage them to attend the relevant extracurricular clubs. We have clubs in all sports covered in lessons and play plenty of fixtures, tournaments and competitions against other schools. We also encourage students to join out of school teams and clubs in the local area. As well as providing a pathway for practical performance, we also provide an academic pathway for those students that wish to pursue a career in sport. When selecting their options in Year 9 students can choose to study the Level 2 Cambridge National Award in Sport Science course at KS4. This GCSE equivalent course allows students to move onto a Post 16 course in sport such as the Level 3 Cambridge Technical, Level BTEC Sport or A-Level PE. Year on year we produce strong results and, as a department work hard to push our learners to achieve their targets and support with focused intervention when required.

PHYSICAL EDUCATION– CURRICULUM MAP

Key = Matching colours denote links between topics either in content or skills across Key Stages

7	Setting	Football	Hockey	Rugby/ Netball	Gymnastics	Dance	Basketball	Cricket Rounders Athletics
8	Football		Hockey	Rugby/ Netball	Gymnastics	Fitness/ Dance	Basketball	Cricket Rounders Athletics
9	Football		Hockey	Rugby/ Netball	Trampoline	Fitness/ Dance	Basketball	Cricket Rounders Athletics
10	Football		Table Tennis	Netball	Trampoline	Fitness/ Dance	Basketball	Cricket, Rounders Athletics
11	Football		Table Tennis	Netball	Trampoline	Fitness/ Dance	Basketball	GCSE EXAMS
10 CNAT	Training & Fitness unit: Training methods, fitness tests, training principles, fitness training programme. Assessed via coursework tasks					Body systems unit: Skeletal system, Muscular system, Respiratory system & Cardiovascular system. Assessed via coursework tasks.		
11 CNAT	Sporting injuries & prevention Assessed via exam			Technology in Sport Assessed via coursework tasks			GCSE EXAMS	