# Pick and Mix Pasta Salad

## Ingredients

150g pasta shapes

Choose 1 from the following:
- Tin tuna
- 2 slices ham
- 50g prawns
- Hard boiled egg

Choose 2 from the following:
- 50g peas
- Small tin of sweetcorn
- \( \frac{1}{2} \) cucumber
- 2 tomatoes
- 50g olives
- 50g sun dried tomatoes

Choose your dressing:
- 3 tbsp mayonnaise
- 3 tbsp salad dressing

## Equipment

All equipment is provided by school

*Remember to bring a container with lid to take home*

## Method:

1. Half fill a saucepan with water and bring to the boil
2. Add the pasta and cook for 10-12 minutes. (If using peas add for the last 2 minutes)
3. Check pasta is cooked and drain in a colander
4. Cool pasta by running cold water over it and shake to remove any excess.
5. While pasta is cooking drain the tuna and sweetcorn, chop the ham, cucumber, tomatoes, olives and sun dried tomatoes into small chunks.
6. Tip all the ingredients into a bowl and mix well.