

Time for Road Safety



**Lincolnshire
Road
Safety
Partnership**

The newsletter from the LRSP Education Team

Term 6 – Secondary schools update

Our way of life has changed significantly since our last update, but collisions continue to happen with people getting hurt on the roads.

With lockdown rules easing, young people may go out more. The government reminds us of the actions necessary to avoid contracting Coronavirus, but it is easy to forget the importance of road safety.

Find some resources for your pupils on Road Safety Scotland's website, including [this task](#).

When students return in the Autumn term, we will hopefully be in a position to restart delivering road safety programmes in schools. Contact us for more information.

LRSP Education Team

LRSP Reception – 01522 805800

Alison Garfoot Nth Kesteven/Lincoln
alison.garfoot@lincolnshire.gov.uk

Andy Hall North/South Kesteven
andy.hall@lincolnshire.gov.uk

Carole Hatt East Lindsey
carole.hatt@lincolnshire.gov.uk

Pam Street W Lindsey/Lincoln
pam.street@lincolnshire.gov.uk

Kay Taman Boston/Sth Holland
kay.taman@lincolnshire.gov.uk

Team Supervisor Robin Mardon
robin.mardon@lincolnshire.gov.uk

Suggested activities

- 1) Ask students to research the science behind how cycle helmets work, and display their findings.
- 2) Ask groups of students to debate for and against wearing a helmet.



Bikes and Cycling

We always recommend that **everyone** wears a cycle helmet for **every journey** making it a normal part of safer cycling.

The official GB road casualty statistics in 2018 show that at least 11 cyclists per day suffered a serious injury or fatality, and many of these will have been head injuries.

Studies claim that bicycle helmets can reduce head injury risk by up to 69% (Olivier and Creighton 2016). In the event of a collision, a helmet will absorb much of the impact to the head. Just one bang to the head can sadly change a person's life forever.

To find out more about how a brain injury affected Ryan Smith from Lincolnshire, click [here](#). This true story may be worth sharing with young people to help them to appreciate what can really happen.

Your bike doesn't even have to be moving for you to wobble and fall off. A helmet may not protect you from all injuries, but can make a huge difference to the severity of a head injury. Just one bang to the head can sadly change a person's life forever.

We know that young people at secondary school are often reluctant to wear helmets but we would like to see all schools and parents encouraging them to do so.